

HAUS 6

P R E S E N T S

BERLIN RAGE TAPE

A N A U D I O P O S T C A R D

TRANSCRIPT

Berlin Rage Tape

A short audio postcard about rage. Two strangers answer the question: when was the last time you felt rage, and what did you do about it?

RECORDED
21 July 2025

LOCATION
Hermannstraße, Berlin

PRODUCED BY
Kate Bailey

RUNTIME
12:13

SPEAKERS

KATE BAILEY	Host and producer
INTERVIEWEE 1	Passer-by, interviewed on a side street off Hermannstraße
INTERVIEWEE 2	Visitor from Australia, interviewed in a laundromat
WOMAN ON PHONE	Street recording, San Diego, 2022
AUDIO CLIP	Short audio sample in the cold open

ABOUT THIS TRANSCRIPT

This is a clean verbatim transcript. Filler words, false starts and minor repetitions have been removed where they do not change the meaning. Speech is otherwise reproduced as spoken, including non-native phrasing.

Timestamps [MM:SS] mark the start of each passage in the published episode. Non-speech audio is described in square brackets. [unclear] marks a word that cannot be made out.

This episode contains strong language.

Transcripts are prepared for accessibility and may contain errors. Please check against the audio before quoting.

- 00:01** **KATE BAILEY**
You're listening to a HAUS 6 production.
- 00:04** **AUDIO CLIP**
Hey! You're doing too much right now! [screams]
- 00:12** **KATE BAILEY**
Here we go.
- 00:15** **WOMAN ON PHONE**
[unclear] don't fucking like each other, you stupid-ass fucking bitch. Fuck, I hate people.
- 00:22** **KATE BAILEY**
That was a woman on the phone who I walked past on the streets of San Diego, where I was on a business trip in 2022. I'm somewhat ethical about recording such moments. It has to only be the moment, so in this case she just walked past me at great speed. Let's hear it again.
- 00:40** **WOMAN ON PHONE**
[unclear] don't fucking like each other, you stupid-ass fucking bitch. Fuck, I hate people.

- 00:45 KATE BAILEY
That line.
- 00:47 WOMAN ON PHONE
I hate people.
- 00:48 KATE BAILEY
That's rage. Visceral, primal. You feel it with her because you've felt it yourself.
- 00:54 [MUSIC]
- 01:01 KATE BAILEY
As an audio girlie, it's actually not uncommon for me to capture sounds or people as I traverse this godforsaken earth. But it is rare to capture pure rage like that.
- 01:13 That kind of seems improbable to me, because it feels like rage is the driving force all around us. This dominant emotional force, driving us and everything through our days. Feels like we're really just too busy reacting to all the rage to reflect on what all that rage really means for us, and how to process it.
- 01:34 So, rage was the topic of a mini-documentary that I produced in 2025. I produced that participating in the Transom Traveling Workshop, which is kind of like the holy grail for radio and storytelling education if you're an audio nerd like I am.
- 01:51 But basically, you get to spend a week in residency with an experienced, expert teacher and your cohort, the other students. You pick a story and you work on it, and the goal is, after that week together, you're able to produce a four-to-five-minute piece. Needless to say, it was my dream to do something like that in my life. I did it, and it was a dream to do it.
- 02:11 One of the cool parts of the assignment and training in this workshop is you go out and do street interviews, you know, vox pops. That's the lingo, but I think everyone knows that, actually. It's the classic talk-to-a-stranger-on-the-street interview, where you canvass folks essentially about the same question. My question: when was the last time you felt rage, and what did you do about it?
- 02:31 Our assigned time to go out and get these interviews was a Monday morning. It was a very wet, humid summer morning in Berlin, on one of the notoriously loud streets in a notoriously loud part of town: Neukölln. Neukölln is actually my beloved Kiez, and I can assure you that it really hits the noise overdrive with all of that, plus any hint of rain or bad weather. And on this particular Monday, the showers were going hot and heavy, like just [imitates rain], hot and heavy, and doing that on-again, off-again type of thing.
- 03:07 I mention it because you're going to hear some of the challenges I faced in getting some of this tape. However, I hope that it's a small inconvenience for some thoughtful answers to that question that I had.

- 03:19 The two people that you're going to hear from gave such different answers, but they really spoke about the same thing. So, given that they didn't make the final documentary, I just wanted to give them their flowers ahead of sharing my final piece on this channel.
- 03:33 Okay, let's start with a man who I locked eyes with as I was sorting my equipment on a windowsill of a side street. He really had an elegance about him. It was a grace. But he still had that Berlin edge, that 'I've always been cool' vibe that you just find in the city, you know? He was just strutting down the street like it was his personal catwalk, with his ciggy in hand, and I must say he seemed very thrilled about being asked for a street interview for the first time in his life.
- 04:02 **INTERVIEWEE 1**
I wasn't expecting to lose the virginity next to this cemetery, but...
- 04:06 **KATE BAILEY**
I know.
- 04:07 **INTERVIEWEE 1**
I'm really glad of this Monday morning so far.
- 04:10 **KATE BAILEY**
I know, and you've got your beautiful ciggy going. I'm just... you're living my dream, let me tell you.
- 04:15 As you can imagine, this was a somewhat chaotic conversation, which is very bad reporting of me, but still, I got to the point where I was able to ask him more generally about rage.
- 04:29 **INTERVIEWEE 1**
Oh my God. I have to say that I often feel rage, because I've realised that this is the emotion that actually generates my sadness. And I'm feeling sad quite often. It's like my coping mechanism when I'm feeling stressed. A big rage. Okay, no, you can stop for a moment.
- 04:54 You know, I would say I'm getting rage sometimes in the morning when I realise that every individual doesn't respect the other person as an individual. This is really outrageous for me. And it happens often. A rage for me is like when somebody cannot understand the... the essence of a human being moving around, and also being around.
- 05:32 **KATE BAILEY**
What do you find is the best and easiest way for you to deal with your rage, when you have that, any of those feelings?

05:40 INTERVIEWEE 1

It's about perspective. It's about how I feel it. It's about, yeah, reminding myself that the way you decide to see yourself is the way you are. So I would say, on that moment that I'm feeling rage, which that means that for me before I felt sadness, and maybe before I felt frustrated... yeah, yeah, I remind that if you see the others breaking your limits, then you will have your limits broken.

06:17 [MUSIC]**06:46 KATE BAILEY**

Now you're going to hear from a woman who perchance came out of a Späti, which is like a bodega or a corner shop, depending where you are, but that's what it is. Literally just came out the door and asked me where she could find an ATM. Instantly I thought she must be new here, because if you're in Berlin, and in particular in this part of town, and you didn't know that you needed cash, then you must be new here. Anyway, funnily enough, she was Australian, and she'd arrived just the day before.

07:14 Once the ATM thing was sorted, I asked her, 'Hey, would you like to be interviewed? I've got this question.' And as she said yes, it started raining torrentially. So we dipped into a laundromat, and I asked the question: when was the last time you felt rage, and what did you do about it?

07:32 INTERVIEWEE 2

Oh. Well, I've got some really deep tracks in my mind that take me to a very specific place. And it was, it was the... it was probably the first time I've ever quite understood that what I was feeling was actually rage.

07:58 And it was when I had... during lockdown I left a partner of five years. And, anyway, it was a long and drawn-out and very traumatic story, but I was sad, and then I kind of got through the sadness, and then I don't know what triggered it, or whether these things just naturally come up, but all of a sudden I was standing in the kitchen in the share house that I was living in, which was an amazing set-up, and I turned around and I said to my best friend and housemate, I said to her, 'I'm angry.' And she said, 'Yeah, girl.' I was like, 'It's... no, I'm like, it's... it's rage.' I feel so enraged by the gaslighting and the way I was treated, and the fact that after all that time I didn't feel heard or seen, or like any of my feelings or opinions made any impact to this person. And I just... I was so mad about it.

09:16 And she said, 'Rage is sacred, babe. Hold on to it.' And I will never forget that.

09:25 I think the sacredness of that enraged feeling was what actually helped me, like, push through into properly getting over it. Because I didn't have any sadness any more, I didn't have any... I didn't have any grief about it as such, because I knew that it was the right thing. I was grieving maybe lost time more than anything else.

09:58 But the rage was like... it's like having a jetpack on. Like, suddenly having a rocket booster. If that makes any sense.

- 10:10** **KATE BAILEY**
It makes mind-blowing sense.
- 10:12** **INTERVIEWEE 2**
Yeah. And it wasn't necessarily a matter of I channelled that rage into my workouts or my business or anything in particular. It was just everything. Suddenly I was like, all right, I am getting as far away from that situation as I possibly can, and it kind of... it put me in turbo mode for basically everything that I was going through, and trying to do with my life.
- 10:35** **[MUSIC]**
- 10:46** **KATE BAILEY**
Immersing myself more intellectually in the concept of rage through this work, I really realised how ordinary rage is, because everyone feels it, and in contrast, how extraordinary it is that processing it is not this huge, fundamental, ongoing conversation we have. Most poignantly, however, I see also how that contests with the fact that rage is a driver of change and evolution.
- 11:18** You can see how nuanced and complex this topic is, which is, by the way, how I like it, and hopefully how you like it around HAUS 6. But it's also a sentiment that feels present in my everyday life, and I'm sure yours. It feels like we're literally in the age of rage. So I couldn't help but thinking: isn't this worth our thoughts and consideration?
- 11:39** So I invite you to do this by asking yourself: when was the last time you experienced rage, and what did you do about it? More to come in the next episode. From HAUS 6 Berlin, I'm Kate Bailey.
- 11:53** **WOMAN ON PHONE**
Fuck, I hate people.
- 11:55** **[MUSIC TO END]**
- 12:13** **[END]**
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CREDITS

Berlin Rage Tape is a HAUS 6 production.

Produced by Kate Bailey. Interviews recorded on 21 July 2025 on Hermannstraße, Berlin.

Listen at www.haus6.audio